



## Monthly Update **March 2019**

### **During this season of Lent, FHL shares some thoughts with you.**

"Remember that Lent and Ash Wednesday are not just about putting away the bad things. It is about creating good things and helping the poor and the needy, being kind to people and much more." -- Jacob Winter

FHL's Lenten Prayers begin this week with:

#### *Lent Week 1:*

*Many Christians living in the West Bank and Gaza do not have a regular water supply to their homes. They have to fill containers and ration it to cover the 'dry' periods. Please pray for those who are struggling daily with these and similar domestic problems, and for FHL who are trying to make life more comfortable for our Christian brothers and sisters via our family support programme.*

There are more prayers for each week along with our *Lent Reflections Resource* and *Lent Reflections for Children Resource*. These can be viewed on our website under 'What We Do' or [Click here](#)

Our cardboard FHL Collection Box is a good companion to the *Reflection Resources*. Contact the office if you would like any.

### **Brendan's news update**



I have completed my first month and found it most enjoyable and rewarding to meet like-minded people with a passion to help the vulnerable Christians in the Holy Land. I am gradually making visits to meet our wider FHL volunteer structure and am looking forward to contacting you all personally as soon as possible.

During March I will be visiting the Holy Land for five days, along with Peter Rand, our FHL Holy Land team and Partners in Bethlehem and surrounding area. I believe Peter has already a full itinerary for me!

If any of you have any pressing ideas or thoughts that you wish to discuss with me, please feel free to contact me if I haven't got to speak to you yet. Email: [Brendan.metcalfe@friendsoftheholylan.org.uk](mailto:Brendan.metcalfe@friendsoftheholylan.org.uk)  
Mobile: 07539 851099



## 2019 is FHL's Tenth Year

It's time to celebrate as we proceed to the 10<sup>th</sup> Anniversary of FHL in November 2019.

We hope to be able to soon share with you news of our special celebration to mark our 10<sup>th</sup> year. In the meantime could you organise a special tenth anniversary event in your group or Parish?

We would like to be able to support your group events with flyers and information about FHL, and to get activity about your events on our website, Facebook and Twitter feeds so please share your planned future event with us. During your FHL Anniversary events take plenty of pictures and send them to us.

Please note that you should display a notice at your event if you are taking photos. As long as you let people know that you are taking photos and they can opt out of being in them if they choose, we can share your approved pictures on our website and Facebook/Twitter pages. A poster is available on our website for you to use when taking pictures of your events. [Please click here](#)

To help you get your activity underway here are some ideas: Afternoon tea, Lenten/Advent Lunch, Ceilidh, Casino Night, Palestinian meal, Cheese and Wine, Garden party. How about a Bubbles and Boards afternoon – Board games with a celebratory glass of Fizz and a deli board of nibbles?

### Online giving news



Supporters may be aware that for some years FHL has used 'BT My Donate' to facilitate online giving. Unfortunately, we have been advised that this service will end as of 30<sup>th</sup> June 2019.

We are in the process of setting up with 'Virgin Giving' and should be up and running with this by April.

If you have a standing order set up through BT My Donate we will be writing to you in good time to enable you to divert that standing order to the new platform.

### Our contact details:

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