



FHL Children's Resource for Lent

Ash Wednesday

As we start Lent let us pray for Christian children in the Holy Land and their parishes. In the next few days why not list down the things in your parish that you are thankful for:

| | | | |
|-----------|--|----------|--|
| Wednesday | | Friday | |
| Thursday | | Saturday | |

1st Week in Lent

Many homes in the Holy Land are small and in need of repair. Many do not have running water. Each day this week write down something good about where you live:

| | | | |
|-----------|--|----------|--|
| Sunday | | Thursday | |
| Monday | | Friday | |
| Tuesday | | Saturday | |
| Wednesday | | | |



2nd Week in Lent

This week let us think about the blessings that we have in our schools. Many schools in the Holy Land do not have access to enough good books, computers, musical instruments or sports equipment:

| | | | |
|-----------|--|----------|--|
| Sunday | | Thursday | |
| Monday | | Friday | |
| Tuesday | | Saturday | |
| Wednesday | | | |

3rd Week in Lent

This week let us pray for families in the Holy Land, many of whom have to live apart from one another. This week write down the people in your family and events that you celebrate that you are thankful for:

| | | | |
|-----------|--|----------|--|
| Sunday | | Thursday | |
| Monday | | Friday | |
| Tuesday | | Saturday | |
| Wednesday | | | |

4th Week in Lent

Many places around the world do not have enough food to eat. This week let us be thankful for the wide range of food and drink that we enjoy in this country and list down each day something that we are thankful for:



| | | | |
|------------------|--|-----------------|--|
| Sunday | | Thursday | |
| Monday | | Friday | |
| Tuesday | | Saturday | |
| Wednesday | | | |

5th Week in Lent

Many Christians in the Holy Land are not free to travel to other parts of the country to visit family or friends or visit the Holy places that are very close to where they live. This week write down each day somewhere that you have visited that you are grateful for:

| | | | |
|------------------|--|-----------------|--|
| Sunday | | Thursday | |
| Monday | | Friday | |
| Tuesday | | Saturday | |
| Wednesday | | | |

Holy Week

In this Holy Week let us give thanks for different aspects of our faith and for Jesus Christ our Saviour:



| | | | |
|--------------------|--|-----------------|--------------------------------|
| Palm Sunday | | Thursday | The gift of the Eucharist |
| Monday | | Friday | Jesus Died on the Cross for us |
| Tuesday | | Saturday | |
| Wednesday | | Sunday | Jesus is Risen! |

